

# Understanding CML – HCP Information

This video series was created in late 2025 by NHS clinicians to help patients understand CML in a clear and accessible way. Each video covers key topics that often come up in clinic - from diagnosis and treatment to daily living and long-term management.

Please share these resources with your CML patients to enhance understanding, support adherence, and reinforce the information discussed during consultations.

[A patient info sheet is available here.](#)



16 videos, grouped into 4 modules form the video series.

## **Cause, Diagnosis, and Testing**

- Basic Biology
- Genetic cause of CML
- How CML is diagnosed
- Making sense of test results

## **Recently Diagnosed –Outlook**

- Treatment options
- Outlook for CML patients
- Practical support for living with CML

## **Living with CML**

- How the first few months might feel
- Common side effects
- Less common side effects
- Immune changes and risks of infection

## **Changes to Therapy**

- Can the dose be reduced?
- Can treatment be stopped?
- What happens when changing TKI?
- When Is a stem cell transplant needed?
- Clinical trials for CML

[cmlsupport.org.uk/understandingCML](https://cmlsupport.org.uk/understandingCML)